



NEWS RELEASE

IMMEDIATE RELEASE

Contact: Debbie McClure
Director, Marketing & PR
Tel: (325) 428-4951
Email: Debbie_mcclure@armc.net

***Abilene Regional Medical Center hosts Monthly
Bariatric Support Group Meetings***
Continuing to help our patients maintain a healthy lifestyle

Abilene Regional Medical Center – Abilene, TX will host its second Bariatric Support group meeting on Tuesday, January 19th at 6:30 p.m. The meeting will be located at the Women’s Center at Abilene Regional Medical Center. This meeting is free and open to patients who have previously been through the process of surgical weight loss. This meeting is provided by Abilene Regional Medical Center and will be held on the third Tuesday of every month at 6:30 p.m.

This meeting will focus on developing “Habits for Success”. The guest speaker for this meeting will be Aubre LeFever, Registered Dietitian and she will be providing information on maintaining healthy food choices. What you should and should not be eating as a surgical weight loss patient. Dr. Glen Einspainer, D.O. will be at the meeting to provide additional information and address questions that individuals may be facing.

For more information on our Bariatric Weight loss program and support groups please visit us at www.abileneregional.com or please call 428-5717.

Abilene Regional Medical Center
6250 Hwy 83/84
Abilene, TX 79606
325-428-1000
www.abileneregional.com