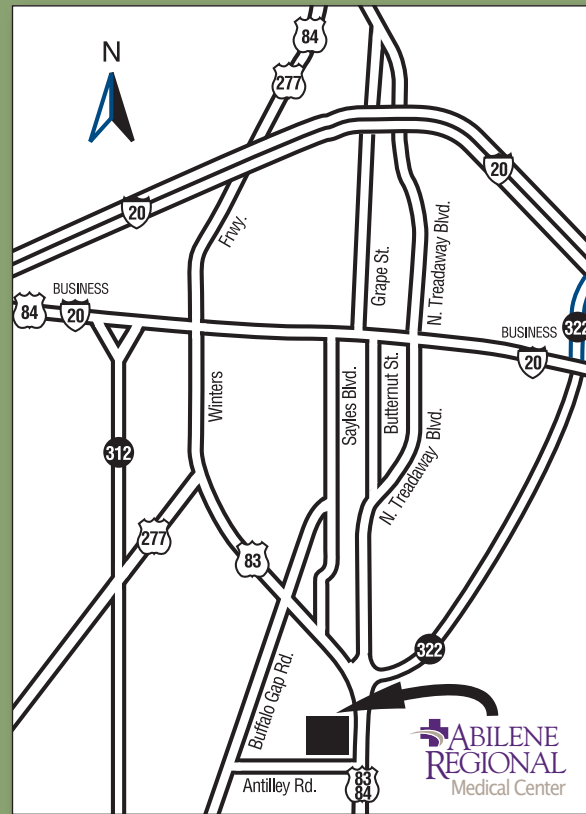


## How to start healing:

1. Generally, the physician who is treating your wound will refer you to the Wound Care and Hyperbaric Center at Abilene Regional Medical Center. You can also make appointments directly.
2. When you contact us for your first appointment, our staff will ask a few questions about your wound and health in general.
3. Before beginning treatment, our team of doctors and nurses will thoroughly evaluate your wound and review your health and medical history.
4. Tests might be conducted to tell us more about your blood flow and tissue oxygenation, as well as to determine if there is any infection present.
5. Together, with your physician, we will develop a treatment program based on our assessment of your special needs. Your program will likely involve regular visits to the Wound Care and Hyperbaric Center. Your progress is documented and adjusted as necessary.
6. We communicate with your physician throughout your care. Once your wound is healed, you will return to your doctor for follow-up care. While being cared for by the Wound Care and Hyperbaric Center staff, you may continue getting treatment from other physicians for any related ailments like diabetes and hypertension.
7. We offer a comprehensive program of specialized management by clinicians trained in wound care, including treatment such as transcutaneous oxygen measurement, dressing changes, hyperbaric oxygen therapy and wound debridement. We also offer information on nutrition, infection control and other therapies.



For scheduling or more information,  
please call 325-428-2800,  
Monday-Friday from 8 a.m.-5 p.m.  
and Saturday-Sunday from 8 a.m.-noon.

 **ABILENE  
REGIONAL**  
Medical Center

6250 Hwy 83/84  
Abilene, TX 79606  
325-428-2800

[www.abileneregional.com](http://www.abileneregional.com)

WOUND CARE

 **ABILENE  
REGIONAL**  
Medical Center



*There's no longer any reason to suffer with chronic wounds.*

## Specialists working together for you

Each wound is unique and our Wound Care and Hyperbaric Center at Abilene Regional Medical Center is equipped and staffed to determine what type of treatment is required for optimal wound healing. Most treatments are covered by Medicare/Medicaid, HMOs and other private insurance plans. We specialize in caring for people whose open sores have resisted traditional treatment. Our Center is staffed with a unique team of doctors and nurses – all dedicated to healing chronic wounds. The causes of open sores are complex and our group represents expertise in the major areas necessary to handle the various circumstances and challenges that accompany sores. It could be as simple as changing a medication or it could involve a more complex treatment. Our team will determine what type of treatment is required for optimal wound healing.

## Wound healing options

Your wound care physician may prescribe one or more of these therapies:

- **Debridement (removal of dead or damaged tissue)**
- **Specially chosen dressings and wraps**
- **Hyperbaric oxygen therapy**
- **Bio-engineered tissue substitutes**
- **Platelet growth technologies**

**We offer specialized care for serious wounds such as:**

- **Diabetic and Pressure Ulcers**
- **Persistent Skin Irritations**
- **Surgical Wounds**
- **Traumatic Wounds**
- **Burns**
- **Venous Insufficiency**
- **Neuropathic Ulcers**
- **Radiation Injuries**
- **Vasculitis and Other Inflammatory Ulcers**
- **Other Chronic, Non-Healing Wounds**

## What is hyperbaric oxygen therapy?

Hyperbaric oxygen (HBO) chambers work by surrounding the patient with 100 percent oxygen at higher than normal atmospheric pressure in sessions, or dives, that last from 90 minutes to two hours. This increases the amount of oxygen in the patient's blood allowing the wounds to heal from the inside out. It is a painless, proven way to help the body heal.

The HBO chambers resemble a reclining bed encased in a clear acrylic shell nearly a yard in diameter. Patients can listen to music or watch movies on televisions and VCR/DVD players mounted above the chamber. Patients also remain in constant contact with those outside the chamber through an intercom and private handset. The only physical sensation resulting from the treatment is a slight pressure on the eardrum, like that felt when a plane lands, as the air in the chamber is compressed.